



Employee Newsletter

March 2026

Hunt Regional Healthcare

WALK ACROSS TEXAS UPDATE

We're making great strides to Walk Across Texas! This initiative encourages communities to improve their health through friendly competition and daily physical activity. Now at the halfway point of the challenge, participants are showing incredible dedication and teamwork.

As of February 25, one team has already crossed the virtual finish line, with six more teams well on their way to completing the journey. Each step logged represents a commitment to better health, stronger hearts, and a more active lifestyle.

Thank you to everyone who has joined in this fun and motivating event. Your enthusiasm and perseverance make this program a success. Here's to keeping the momentum going—and to your heart's health! - Frances Dalbey



TEAM NAME	TEAM MILEAGE
Walk of Pain	1,046.33
Holy Walkamolies	718.52
Michael Scott's Dunder Mifflin Scranton Meredith Palmer Celebrity Rabies Awareness Pro- Am Fun Run Race for the Cure	625.66
Gurney Journey	567.90
Therapy Trotters	563.57
Lab Rats on the Run	549.31
Walkie-Talkies	477.33
DOSE IS LOW, STEPS ARE HIGH	352.95
The GAITkeepers 3.0	330.88
Soleful Striders	192.06

RESIDENT SPOTLIGHT



Rao Afzal, MD
PGY 2

I am a graduate of Shifa College of Medicine. A deep commitment to patient care and a strong passion for learning have driven my medical journey. Beyond the hospital walls, I am an avid sports enthusiast, always ready for a game of soccer or a morning run to keep my energy high and my mind sharp. I aim to integrate my medical knowledge with my love for sports to promote a healthy and active lifestyle among my patients. I am eager to contribute to our residency program and positively impact our community.

COMMUNITY SPOTLIGHT

This month's Community Spotlight is the Senior Center Resource and Public Transit, which is known as SCRPT. Their services are targeted to the senior population with the goal of helping them maintain their independence and decrease the need for institutional care. Citizens age 60 and older are eligible for services with priority given to low income and minority residents of Hunt County. SCRPT is celebrating 50 years of service in 2026.

Senior services include congregate meals that are served in Greenville, Lone Oak, Wolf City, Commerce and Quinlan. There is also a home delivery meal program which was started in 1976 and initially known as Meals On Wheels. Did you know that SCRPT delivers approximately 12,000 meals a month to Hunt County residents? Not only does this provide essential nourishment to Seniors, it also provides a point of personal contact and a safety check. These clients are homebound and may not have a strong support network, so seeing a friendly face that's delivering a warm meal could mean the world to them.

The other invaluable service they provide is the Connection bus. The Connection is not only for Seniors, but is Hunt County's Public Transit. People of all ages are welcome and children under the age of 12 are allowed to ride with an adult. This is a reservation-based service. Seniors are offered transportation to specific destinations such as doctors' offices, pharmacies, the hospital, the Senior Center and grocery stores for essential shopping at no charge. There is a fare schedule for other destinations which ranges generally from \$2 to \$6 within Hunt County. They are also wheelchair friendly. The Connection plays a vital role in supporting our hospital by assuring access to care for our patients and helping us return patients home safely after discharge.

Volunteers are always needed for home food delivery and kitchen volunteers. They also need group volunteers if you would like to get your family or friends involved. There is a Tel-A-Friend Volunteer option that you can brighten someone's day with a phone call and you may find that it could warm your heart as well! This is flexible and would be a rewarding way to make a difference for our community. For more information visit <https://www.scrpt.org/transportation.htm#public>.

We extend our sincere appreciation for all that they do to support and strengthen our community! - Kim Saenz

CAPTRUST Financial Counselor
Free Service for Benefit-Eligible Employees
1-800-967-9948



Lee Boles, CEO

We did see a financial loss in January due to the bad weather, resulting in temporary closures of some services, including urgent care, family medicine and specialty clinics, outpatient imaging, and the surgery center. However, due to strong revenue in the prior three months and reduced expenses, we continue to be \$3 million positive for the current fiscal year.

An experienced general surgeon is planning to join us in July. His contract is signed and awaiting board approval at the next meeting. We are recruiting for two additional surgeons and are optimistic that we will contract with good candidates soon.

In addition, Dr. Mohan Philip and Michelle Iniguez, FNP-C will be joining our organization this month with Hunt Regional Specialists Pulmonology and Sleep Medicine. These providers will continue to see patients at the former Pulmonary Associates of Greenville clinic, located behind the hospital.

The Joint Commission will survey us soon, and we are looking forward to that opportunity to showcase all of the good work we do. This survey happens every 3 years and requires significant preparation by a large number of team members.

The board officially canceled the May 2, 2026, election for the HMHD board of directors due to no opposition having been filed by the filing deadline. The Precinct 4 representatives, William Jefferson Helton and Janet Peek, are not seeking reelection. We thank them for their service to our district over many years. For that precinct, Tina Sue Fletcher and George Wyman Williams have applied and been accepted for these positions. Our current Precinct 2 representatives, Deborah Clack and Wesley W. Oswald, have reapplied for these seats for the next term.